

# SWORDPLAY CAMPS

*Physical  
Conditioning*

*Mental  
Discipline*

*Self Esteem*

**FUN!**



*Physical  
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Join us for an introduction to the thrilling sport of fencing. Head coach, Vladimir Ostatnigrosh, former fencing coach at Stanford University and Ukrainian National Champion will direct each session. Beginning with basic footwork, students will advance to sword techniques, tactics, and strategy as they learn the intricacies of this exciting NCAA and Olympic sport.

All USA Fencing safety equipment will be provided, including mask, jacket, glove and rubber-tipped foil. Students will need to wear loose fitting pants and tennis shoes.

Open to boys and girls ages 8 and older. Each four-day camp runs Monday through Thursday, 9am to 12pm. Participants should bring water or a sport drink to stay well hydrated.

*Tuition \$280*

**RSVP to Reserve  
Your Spot!**

*Five Dates to Choose From!*

*March 25-28 June 10-13 July 15-18 July 29-August 1  
August 12-15*

*Camp Classes Run 9:00am to 12:00pm*

Cut here, send registration and payment to address below:

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**Space is Limited!  
Call Early!**

Fencer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Dates Desired: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Ph: \_\_\_\_\_ Email: \_\_\_\_\_



## Fresno Fencing Club

5717 N. First St. Fresno, CA 93710  
Ph. (559) 224-1910 Email: [fresnofencer@att.net](mailto:fresnofencer@att.net)  
[www.fresno-fencing.com](http://www.fresno-fencing.com)

